

# Simultaneous determination of losartan, losartan acid and amlodipine in human plasma by LC-MS/MS and its application to a human pharmacokinetic study

Abstract

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**Introduction:** A simple, rapid and sensitive liquid chromatography-tandem mass spectrometric assay method has been developed and fully validated for simultaneous quantification of losartan and its active metabolite, losartan carboxylic acid, and amlodipine in human plasma. Irbesartan was used as an internal standard. **Materials and Methods:** The analytes were extracted from human plasma samples by solid-phase extraction technique using Oasis HLB cartridges, (Waters Corporation, Mumbai, India). The reconstituted samples were chromatographed on a C<sub>18</sub> column by using an 85:15, v/v mixture of methanol and 0.1% v/v formic acid as the mobile phase at a flow rate of 1.0 mL/min. A detailed validation of the method was performed as per the FDA guidelines. **Results:** The calibration curves obtained were linear ( $r \geq 0.99$ ) over the concentration range of 0.5-1000 ng/mL for losartan and for its active metabolite losartan acid and 0.05-10.1 ng/mL for amlodipine. The results of the intra- and inter-day precision and accuracy studies were well within the acceptable limits. **Conclusions:** A run time of 2.5 min for each sample made it possible to analyze more than 300 plasma samples per day. The proposed method was found to be applicable to clinical studies.

**Key words:** Amlodipine, losartan, losartan acid, liquid chromatography-tandem mass spectrometric method, pharmacokinetics

## INTRODUCTION

The renin-angiotensin-aldosterone system has a key function in the pathogenesis of hypertension, making blockade of this system an ideal target for antihypertensive therapy. All known clinical effects of angiotensin II, including vasoconstriction, aldosterone release, and augmented catecholamine release, are mediated by the AT<sub>1</sub>-type angiotensin II receptor.<sup>[1]</sup> Losartan potassium is the first orally active, nonpeptide antagonist of the angiotensin II subtype 1 receptor.<sup>[2]</sup> Losartan undergoes substantial first-pass metabolism by cytochrome P450 and results in biotransformation of the major active metabolite, losartan acid. Following oral administration, losartan is rapidly absorbed, reaching maximum concentrations 1–2 h post administration.<sup>[3]</sup> Losartan and its active metabolite, losartan acid, selectively and specifically block the binding of angiotensin II to the AT<sub>1</sub> receptor found in many tissues. The active metabolite, losartan acid, is 10–40 times more potent than losartan.<sup>[4-6]</sup>

Amlodipine, a third-generation dihydropyridine calcium antagonist, is prescribed for the treatment of angina and hypertension. Oral doses of 5 to 10 mg QD are effective in the treatment of mild to moderate hypertension and stable angina pectoris.<sup>[7-10]</sup> Amlodipine is well tolerated and does not appear to cause some of the undesirable effects often associated with other cardiovascular agents. It has a long elimination half-life and a large volume of distribution. It has been reported that low plasma concentrations are achieved after oral administration of amlodipine.<sup>[11]</sup>

A combination of antihypertensive agents can better control blood pressure and reduce the number and severity of side effects than a monotherapy. Amlodipine and losartan fixed dose combinations have been demonstrated in numerous clinical trials to be highly effective in lowering blood pressure, and suggest that the combined use might be more effective in treating hypertension than a monotherapy.<sup>[12,13]</sup> One such combination available in the market is Amlopress-Z, (Cipla Limited, Mumbai, India) which is a combination of amlodipine and losartan in a single pill.

As per the literature, several liquid chromatography-tandem mass spectrometric (LC-MS/MS) methods have been reported for the determination of losartan along with its active metabolite, losartan acid, and amlodipine individually in biological samples.<sup>[14-23]</sup> To date, no LC-MS/MS method has been reported for the simultaneous determination of losartan, losartan acid, and amlodipine in human plasma. In the present paper, a simple, rapid, and reproducible validated method has been proposed for simultaneous quantification of losartan, losartan acid, and amlodipine concentrations in human plasma without compromising the sensitivity reported earlier for each drug. Indeed, in the present paper, we have achieved a higher sensitivity (2 folds) for losartan and losartan acid.

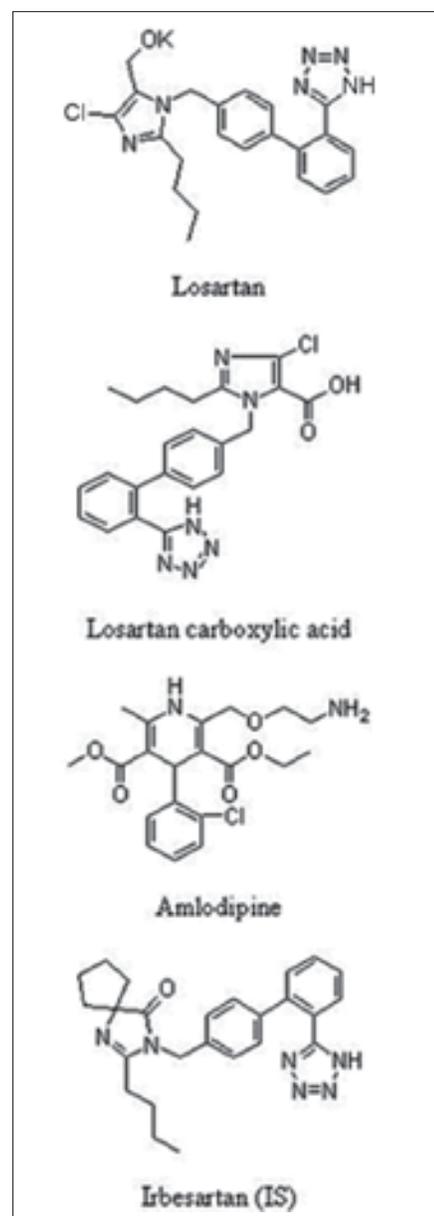
## MATERIALS AND METHODS

### Reagents and chemicals

The reference samples of losartan (99.60%), losartan carboxylic acid (99.20%), amlodipine (99.20%), and irbesartan (99.70%) were purchased from Neucon Pharma Limited, (Goa, India). Chemical structures are presented in Figure 1. HPLC grade of acetonitrile and methanol were purchased from J.T Baker, (Phillipsburg, NJ, USA). Analytical grade formic acid was purchased from Merck Ltd (Mumbai, India). The control human plasma sample was procured from Cauvery Diagnostics and Blood Bank, (Secunderabad, India).

### Instrumentation and chromatographic conditions

An HPLC system (Shimadzu, Kyoto, Japan), consisting of a binary LC-20AD prominence pump, an auto sampler (SIL-HTc), and a solvent degasser (DGU-20A<sub>3</sub>), was used for the study. Aliquots of the processed samples (15  $\mu$ L) were injected into the Zorbax XDB-Phenyl column (75 mm  $\times$  4.6 mm; 3.5 micron particle size; Agilent Technologies, Santa



**Figure 1:** Chemical structures of losartan, losartan carboxylic acid, amlodipine and irbesartan (internal standard [IS])

Clara, CA, USA), which was kept at room temperature (25°C). The isocratic mobile phase, a 85:15, v/v mixture of methanol and 0.1% v/v formic acid was delivered at 1.0 mL/min. Detection was performed by an Applied Biosystems MDS Sciex API-4000, (Foster City, CA, USA) mass spectrometer in positive ionization mode.

### Preparation of stock solutions of analytes and internal standard

Stock solutions of losartan, losartan acid, amlodipine, and IS were prepared separately by dissolving in methanol at 1 mg/mL concentration. Working solutions with different concentrations were prepared

by dilution of stock with diluent (methanol and water; 50:50%, v/v).

### Preparation of calibration curve standards and quality control samples

Calibration samples were prepared by spiking 950  $\mu\text{L}$  of control human plasma with the appropriate working solution of each analyte (25  $\mu\text{L}$  combined dilution of losartan, losartan acid, and 25  $\mu\text{L}$  of amlodipine). Calibration samples were made at concentrations of 1000, 800, 600, 402, 201, 101, 10.5, 1.00, and 0.50 ng/mL for losartan and for losartan acid, and 10.10, 8.08, 6.06, 4.00, 2.00, 1.00, 0.50, 0.10, and 0.05 ng/mL for amlodipine. Quality control samples for losartan, losartan acid, and amlodipine were prepared at concentrations of 858, 854, 8.49 (higher quality control, HQC), 515, 512, 5.09 (middle quality control 2, MQC2), 124, 123, 1.22 (middle quality control 1, MQC1), 1.55, 1.54, 0.15 (lower quality control, LQC) and 0.52, 0.51, 0.05 (lower limit quality control, LLOQ QC) ng/mL, respectively.

### Sample processing

A 200- $\mu\text{L}$  aliquot of human plasma sample was mixed with 25  $\mu\text{L}$  of the IS working solution (2000 ng/mL of irbesartan). To this, 200  $\mu\text{L}$  of extraction buffer (0.5% formic acid in water) was added after vortex mixing for 10 s. The sample mixture was loaded onto an Oasis HLB cartridge (30 mg/1 mL) that was pre-conditioned with 1.0 mL of methanol followed by 1.0 mL of extraction buffer. The extraction cartridge was washed with 1.0 mL of extraction buffer followed by 1.0 mL of water. Analytes and IS were eluted with 1.0 mL of 0.5% ammonia in methanol and evaporated to dryness at 45°C under a stream of nitrogen. The dried extract was reconstituted in 1000  $\mu\text{L}$  of mobile phase and transferred into injector vials. From these, a 15- $\mu\text{L}$  aliquot was injected into the chromatographic system.

### Pharmacokinetic study design

A pharmacokinetic study on the drug was performed in healthy male subjects ( $n=6$ ). The Ethics Committee approved the protocol, and the volunteers provided informed written consent. Blood samples were collected following oral administration of 50-mg tablet of losartan at pre-dose and 0.25, 0.5, 0.75, 1, 1.25, 1.5, 1.75, 2, 2.33, 2.67, 3, 3.33, 3.67, 4, 4.5, 5, 6, 8, 10, 12, 24, and 36 h, in EDTA Vacutainer collection tubes (BD, Franklin, NJ, USA). The tubes were centrifuged at 3200 rpm for 10 min and the plasma was collected. The collected plasma samples were stored at -70°C until their use.

### Method validation

The validation of the above method was carried out as per US FDA guidelines.<sup>[24]</sup> The parameters determined were selectivity, specificity, matrix effect, linearity, precision, accuracy, recovery, stability, and dilution integrity.

## RESULTS AND DISCUSSION

### Mass spectrometry

Mass parameters were tuned in both, positive and negative ionization modes for the analytes. Good response was found in positive ionization mode. The most sensitive mass transition for losartan was monitored from  $m/z$  423.1 to 207.2, for losartan acid was monitored from  $m/z$  437.1 to 235.2, for amlodipine was monitored from  $m/z$  409.3 to 238.0, and for IS was monitored from  $m/z$  429.2 to 206.9.

### Method development

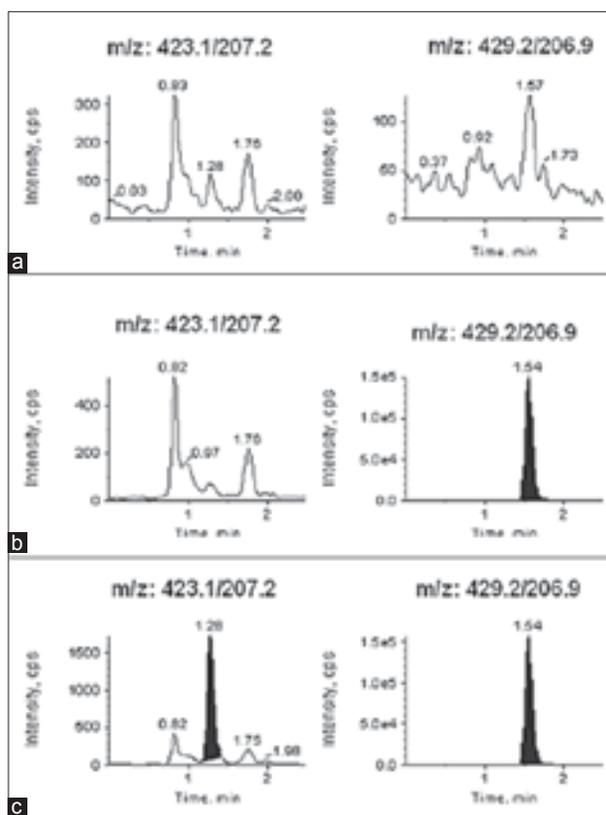
A mobile phase consisting of methanol and 0.1% formic acid (85:15, v/v) was found suitable as the analytes were protonated and well separated from endogenous components in this phase. Zorbax XDB-Phenyl column (75 mm  $\times$  4.6 mm; 3.5 micron particle size; Agilent Technologies, USA) gave a good peak shape and response, even at LLOQ level, for all the analytes and IS. The mobile phase was operated at a flow rate of 1.0 mL/min. The retention time of losartan, losartan acid, amlodipine, and IS are low enough (1.3, 1.4, 1.7 and 1.5 min), allowing a small run time of 2.5 min.

### Specificity and selectivity

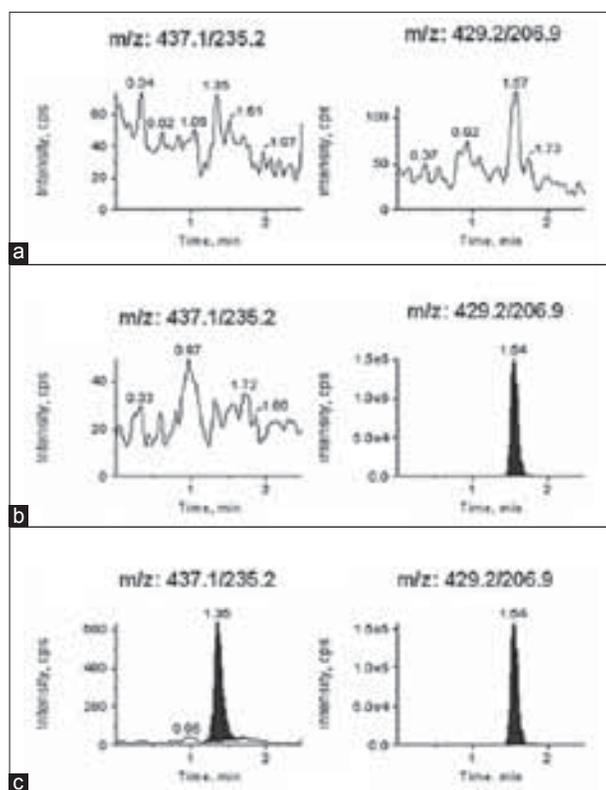
The specificity of the method was evaluated by injecting each analyte at the highest concentration in human plasma samples in the presence of other analytes. A typical chromatogram for the control human plasma (free of analyte and IS), human plasma spiked with IS, and human plasma spiked with analytes at LLOQ and IS is shown in Figures 2-4 (a-c). Results demonstrate the lack of chromatographic interference between each analyte and from endogenous components at the retention time of analyte and IS.

### Sensitivity

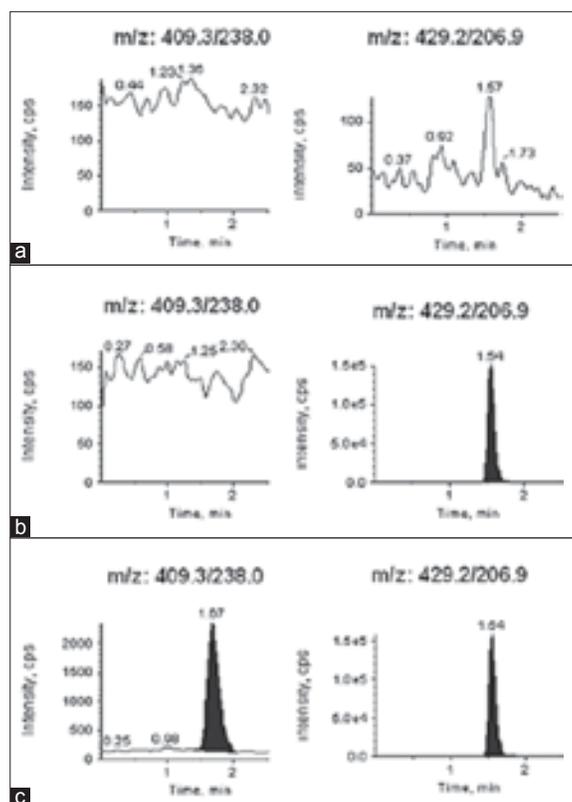
The lowest limit of reliable quantification for the analytes was set at the concentration of the LLOQ. The precision and accuracy at LLOQ concentration were found to be 5.31% and 103%; 5.36% and 109%; 6.88% and 105% for losartan, losartan acid, and amlodipine, respectively.



**Figure 2:** Typical MRM chromatograms of losartan (left panel) and internal standard [IS] (right panel) in (a) human blank plasma (b) human plasma spiked with IS (c) a LLOQ sample along with IS



**Figure 3:** Typical MRM chromatograms of losartan acid (left panel) and internal standard [IS] (right panel) in (a) human blank plasma (b) human plasma spiked with IS (c) a LLOQ sample along with IS



**Figure 4:** Typical MRM chromatograms of amlodipine (left panel) and internal standard [IS] (right panel) in (a) human blank plasma (b) human plasma spiked with IS (c) a LLOQ sample along with IS

**Table 1: Mean overall recoveries of losartan, losartan acid, amlodipine and IS**

Analyte	Sample concentration (ng/mL)	Response extracted (mean±SD)	Response unextracted (mean±SD)	Recovery (%)	Mean (±SD) recovery
Losartan	1.55	36110 ± 761	39009 ± 804	92.6	94.4 ± 1.88%
	515	1714699 ± 39272	1818803 ± 151124	94.3	%CV 2.00%
	858	3155002 ± 30488	3275183 ± 80013	96.3	
Losartan acid	1.54	15097 ± 590	17144 ± 680	88.1	92.0 ± 5.16%
	512	760917 ± 6014	777501 ± 22741	97.9	%CV 5.61%
	854	1385170 ± 19232	1536018 ± 13981	90.2	
Amlodipine	0.15	9959 ± 168	12117 ± 596	82.2	72.9 ± 8.26%
	5.09	352445 ± 11414	501783 ± 16326	70.2	%CV 11.3%
	8.49	544311 ± 26073	820732 ± 9399	66.3	
Irbesartan (IS)	2000	1214742 ± 16208	1401801 ± 13696	86.7	-

### Extraction efficiency

Solid-phase extraction with HLB cartridge proved to be robust and provided the cleanest samples. The recoveries of analytes and IS were good and reproducible. The mean overall recoveries (with the precision range) of losartan, losartan acid, amlodipine, and IS are summarized in Table 1.

### Matrix effect

No significant matrix effect was observed in all the six batches of human plasma for the analytes at LQC and HQC concentrations. The precision and accuracy

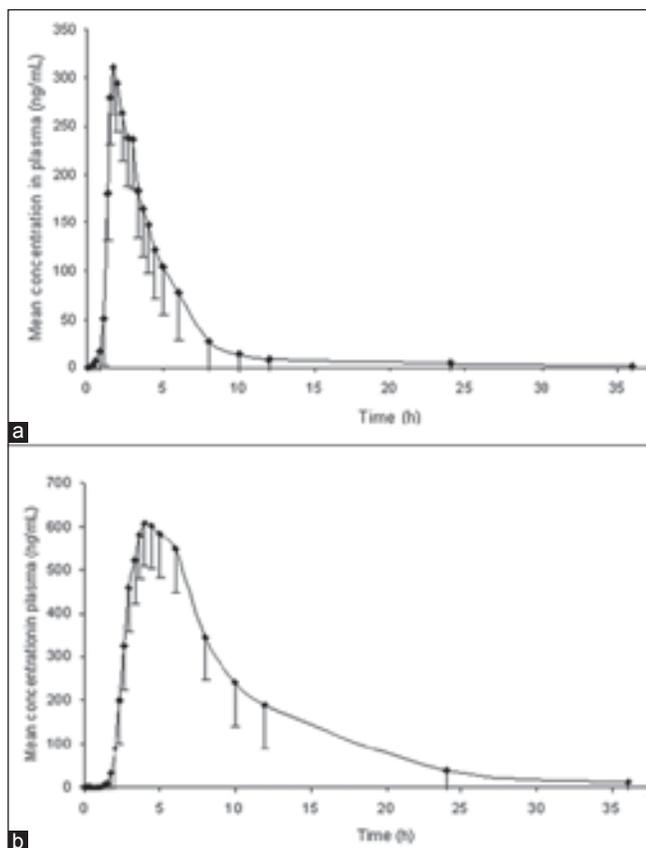
for losartan, losartan acid, and amlodipine at LQC concentration were found to be 4.98% and 94.8%; 2.29% and 103%; 1.18% and 100%, respectively. Similarly, the precision and accuracy for losartan, losartan acid, and amlodipine at HQC concentration were found to be 1.65% and 108%; 1.43% and 102%; 0.56% and 102%, respectively.

### Linearity

The nine-point calibration curve was found to be linear over the concentration range of 0.50–1000 ng/mL for losartan and for losartan acid and 0.05–10.1 ng/mL for

**Table 2: Precision and accuracy of the method for determining losartan, losartan acid and amlodipine**

Analyte	Concentration added (ng/mL)	Intra-day precision and accuracy (n=12; 6 from each batch)			Inter-day precision and accuracy (n=30; 6 from each batch)		
		Concentration found (mean; ng/mL)	Precision (%)	Accuracy (%)	Concentration found (mean; ng/mL)	Precision (%)	Accuracy (%)
Losartan	0.52	0.56	7.13	108	0.53	8.04	102
	1.55	1.52	3.45	98.7	1.53	3.16	99.2
	124	117	2.25	94.5	121	3.36	97.9
	515	494	2.66	96.0	501	2.31	97.4
	858	822	2.49	95.7	842	2.63	98.1
Losartan acid	0.51	0.49	5.22	94.3	0.49	5.38	95.8
	1.54	1.53	2.84	99.7	1.55	3.08	101
	123	122	1.02	99.0	123	2.19	99.8
	512	495	1.36	96.7	499	1.67	97.4
	854	834	2.33	97.8	8.56	4.88	100
Amlodipine	0.05	0.05	2.41	102	0.05	3.75	104
	0.15	0.16	2.06	104	0.16	2.69	105
	1.22	1.22	0.80	99.8	1.23	1.49	100
	5.09	5.11	0.49	100	5.11	1.73	100
	8.49	9.12	0.66	107	9.21	2.36	108



**Figure 5:** Mean plasma concentration-time profile of (a) losartan (b) losartan acid in human plasma following oral dosing of losartan 50 mg tablet to healthy volunteers (n=6)

amlodipine. Weighting factor of  $1/x^2$  of the drug to the IS concentration was found to produce the best fit for the concentration-detector response relationship for both the analytes. The mean correlation coefficient of

the weighted calibration curves generated during the validation was  $>0.99$ .

**Precision and accuracy**

Precision and accuracy data for intra- and inter-day plasma samples for losartan, losartan acid, and amlodipine are presented in Table 2. The assay values on both the occasions (intra- and inter-day) were found to be within the accepted variable limits.

**Dilution integrity**

The upper concentration limits can be extended to 1700 ng/mL for losartan and for losartan acid and 17.2 ng/mL for amlodipine by 1/2 and 1/4 dilutions with screened human blank plasma. The mean back-calculated concentrations for 1/2 and 1/4 dilution samples were within 85-115% of their nominal value.

**Stability studies**

The predicted concentrations for each analyte at LQC and HQC samples deviated within  $\pm 15\%$  of the nominal concentrations in a batter of stability tests viz. autosampler (48 h), bench-top (8 h), reinjection (24 h), and wet extract (24 h), repeated three freeze-thaw cycles and at  $-70 \pm 10^\circ\text{C}$  for at least 60 days [Table 3]. The results were found to be within the assay variability limits during the entire process.

**Application to real human plasma samples**

In order to verify the sensitivity and selectivity of this method in a real-time situation, the present method

**Table 3: Stability samples result for losartan, losartan acid and amlodipine (n=6)**

Analyte	Stability test	QC (nominal concentration (ng/mL))	Mean±SD (ng/mL)	% Stability	Precision (% CV)
Losartan	Process <sup>a</sup>	1.55	1.47 ± 0.10	95.1	6.74
		858	826 ± 20.5	96.2	2.48
	Process <sup>b</sup>	1.55	1.45 ± 0.08	94.0	5.17
		858	815 ± 12.8	94.9	1.57
	Bench top <sup>c</sup>	1.55	1.66 ± 0.05	107	2.90
		858	887 ± 13.2	103	1.49
	FT <sup>d</sup>	1.55	1.56 ± 0.15	101	9.69
		858	817 ± 19.7	95.1	2.41
	Reinjection <sup>e</sup>	1.55	1.44 ± 0.11	92.9	7.39
		858	882 ± 18.8	103	2.13
	Long-term <sup>f</sup>	1.55	1.43 ± 0.09	98.8	6.41
		858	805 ± 22.4	93.8	2.78
Losartan acid	Process <sup>a</sup>	1.54	1.50 ± 0.07	97.6	4.96
		854	826 ± 19.6	96.8	2.37
	Process <sup>b</sup>	1.54	1.46 ± 0.03	95.2	2.26
		854	839 ± 9.01	98.3	1.07
	Bench top <sup>c</sup>	1.54	1.52 ± 0.04	98.7	2.87
		854	820 ± 18.5	96.1	2.25
	FT <sup>d</sup>	1.54	1.50 ± 0.04	97.7	2.83
		854	864 ± 19.0	101	2.20
	Reinjection <sup>e</sup>	1.54	1.66 ± 0.13	108	7.55
		854	895 ± 30.5	105	3.41
	Long-term <sup>f</sup>	1.54	1.38 ± 0.07	89.8	5.38
		854	857 ± 37.3	100	4.35
Amlodipine	Process <sup>a</sup>	0.15	0.15 ± 0.00	102	2.85
		8.49	8.78 ± 0.03	103	0.36
	Process <sup>b</sup>	0.15	0.16 ± 0.01	103	4.75
		8.49	8.52 ± 0.46	100	5.37
	Bench top <sup>c</sup>	0.15	0.16 ± 0.00	103	1.46
		8.49	8.56 ± 0.45	101	5.25
	FT <sup>d</sup>	0.15	0.15 ± 0.01	99.1	8.07
		8.49	8.82 ± 0.09	104	1.04
	Reinjection <sup>e</sup>	0.15	0.16 ± 0.01	107	5.58
		8.49	8.69 ± 0.30	102	3.41
	Long-term <sup>f</sup>	0.15	0.15 ± 0.01	95.9	5.71
		8.49	8.74 ± 0.14	103	1.63

<sup>a</sup>After 48 h in autosampler at 10°C; <sup>b</sup>after 24 h in refrigerator at 2-8°C; <sup>c</sup>after 8 h at room temperature; <sup>d</sup>after three freeze and thaw cycles; <sup>e</sup>after 24 h of injection; <sup>f</sup>at -70°C for 60 days

was used to test for losartan and its metabolite, losartan acid, in human plasma samples collected from healthy male volunteers (n=6). The mean plasma concentrations vs time profiles of losartan and losartan acid are shown in Figure 5. The maximum concentration in plasma ( $C_{max}$ ), time point of  $C_{max}$  ( $t_{max}$ ), half-life ( $t_{1/2}$ ), area under the plasma concentration time curve from zero hour to the last measurable concentration ( $AUC_{0-t}$ ), and area under the plasma concentration-time curve from zero hour to infinity ( $AUC_{0-inf}$ ) for losartan were  $349 \pm 46.2$  ng/mL,  $1.88 \pm 0.61$  h,  $7.79 \pm 5.87$  h,  $1166 \pm 292$  ng.h/mL, and  $1200 \pm 318$  ng.h/mL, respectively, and for losartan acid were  $629 \pm 180$  ng/mL,  $4.28 \pm 0.48$  h,  $5.69 \pm 0.37$  h,

$5559 \pm 1831$  ng h/mL, and  $5651 \pm 1852$  ng h/mL, respectively. These values were in close proximity when compared with earlier reported values.<sup>[14]</sup>

## CONCLUSIONS

The LC-MS/MS assay method described in this paper is rapid, simple, specific, and sensitive for quantification of losartan, losartan acid, and amlodipine in human plasma, and is fully validated as per the FDA guidelines. To the best of our knowledge, this is the first report on simultaneous assay of losartan, losartan acid, and amlodipine in human plasma without compromising on the

reported sensitivity for each analyte. The method was found to be suitable for pharmacokinetic studies in humans. The SPE method gave consistent and reproducible recoveries for the analytes from plasma. The proposed method provided excellent specificity and reproducibility. A sample retention range of less than 2.5 min makes it an attractive procedure in high-throughput bioanalysis of losartan, losartan acid, and amlodipine.

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